



ROUNDUP ON THE JRF

Upcoming Events:

- **School-based**—On March 16th, 30 students will attend “Cinderella’s Closet”; a non-profit offering students low-cost formal attire for prom including a personal shopper for each student.
- **Family Success Center**—Bayside FSC was chosen by DCF- Office of Family Support Services to be the lead for the Child Abuse Prevention Awareness event for Central NJ. Bayside FSC is the acting leader of the committee for an event that will take place at Richardson School on April 23rd, 2019 from 11-3pm called the “Family Fun Fair”. The Family Fun Fair’s purpose is to provide concrete services to families while providing fun children activities.
- **Silver Linings**— “COMING SOON” the My Choice Store, to provide seniors access to fresh fruits and vegetables at no cost

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Restoring Middlesex County Homes

Under the leadership of Greg Nelms, the Project Manager for the Civic Construction Corps and PSE&G, the Comfort Partners Program has been able to provide free weatherization to low-income residents of Middlesex County with qualification for the service. Weatherization allows residents to receive insulation, heating, and air sealing services. These are crucial during the winter which is already a burdensome time for low-income families.

One family in particular, was so thrilled with their services that they were motivated to give a testimonial detailing how the changes have altered the household for the better. In addition to two heating systems, a water heater, insulation and air sealing the family acquired repairs to their chimney that previously put the

family at risk of carbon monoxide poisoning. “*The gifts that keep on giving*” are what the family says saved them not only \$400 in monthly utility expenses but more importantly the lives of the people living in their home.



BEFORE



AFTER

New School-Based Programs Will Commence

This month School Based Youth Services Program (aka “The Base”) will be starting two new programs for students based on observed needs.

Perth Amboy High School is somewhat unique in that it is divided across four campuses. This includes the main campus for upper class, two sites for the

9th grade, and an alternative school called the PLP.

Based on an expressed need, we are starting an after-school program for students new to the country at the 9th grade. This is meant to help them with acculturation issues and acclimating to the new school system, as well as to offer assistance with any

individual challenges they may face.

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Cont. New School-Based Programs Will Commence

At the main campus, we have started an all-boys group to promote healthy youth development among males. This program is called "**Be the Change**" and will offer boys the opportunity to participate in different challenges, intended to foster healthy social interactions. This week the boys distributed gratitude cards to female staff members throughout the school. The intention is to honor Women's History Month and also for them to practice expressing gratitude to the PAHS staff.

Additionally, we are continuing our monthly "**Girl's Talk**" and "**Teen Talk**" groups which are also held after-school and are meant for the students to have an outlet among each other to express daily challenges and finds supports.



Family Success Center and Pizza with Dad



During the Month of February 2019, the Bayside Family Success Center partnered with Domino's Pizza for **Pizza with Dad** on 2/26/19 from 5-7pm {view the pics below}. In an effort to increase father engagement during center activities FSC staff purposefully created a program to outreach dads and/or father figures. The Goal was to engage father figures or male role models between the months of January

through March in hopes of obtaining feedback in regards to the kind of programming they would be interested in attending. Bayside FSC was very grateful to obtain a partnership with Domino's Pizza, who graciously provided their space for the program and donated 7 pies for all individuals in attendance. A total of 11 families were in attendance with 25+ individuals present. "There is no question that fa-

thers do play an important part in their children's lives: the majority of studies affirm that an involved father can play a crucial role, particularly in the cognitive, behavioral, and general health and well-being areas of a child's life; Ditta M. Olikier Ph.D. The Long Reach of Childhood

Read more on [The Importance of Fathers](#)

Silver Linings and DIY

During the month of February 2019, the Silver Linings team held a DIY activity with our seniors' group on Feb 27th. Each of our seniors made a scrap book of memories they shared with us.

Creating opportunities to spend time together is super important especially because loneliness and isolation are linked to poor health outcomes among our senior community. I think this activity was super creative and helped to accom-

plish the promotion of social integration!!



DIY Scrapbooking