

Jewish Renaissance Foundation

Job Description

<u>Title:</u>	Mental Health Counselor
<u>Status:</u>	Full-time/Salaried/Exempt
<u>Program:</u>	SBYSP
<u>Location:</u>	Perth Amboy High School
<u>Reports To:</u>	Program Director
<u>Salary Range:</u>	\$38,000-\$43,000/annually

Who We Are:

Established in 1996, the Jewish Renaissance Foundation (JRF) is a nonprofit organization that currently serves more than 6,000 people in Middlesex County each year providing support services in the areas of Community Development and Training, Youth and Family Services, Employment Training, Education and Childcare, and Healthcare Services.

If you are seeking a position within an organization whose vision is to overcome poverty and hopelessness by providing individuals, children and families, with essential health, human services, community development and youth programs regardless of culture, faith, and economic status then consider a position with the Jewish Renaissance Foundation.

Job Summary:

The Mental Health Counselor will be responsible for providing, through the integration of trauma-informed, competence building, positive youth development, and various strategies, counseling that improves emotional behavioral and social well-being. The Mental Health Counselor is also responsible for administering the Self-Efficacy Assessment and the High School Impact Evaluation.

Note the following: Based on current COVID-19 impacts on our community, and the nation as a whole, and in an effort to ensure safety, the responsibilities outlined below will be conducted virtually from home.

Program Approach/Responsibilities:

The framework for the delivery of all SBYSP services are grounded in the Youth Thrive Model. Core values of this framework are Strength-Based Perspective of adolescent development, Trauma-Informed Practice, with an emphasis on developing students non-cognitive skills such as a growth mindset, self-efficacy and social-emotional skills. SBYSP services utilize evidence based curricula, assessments, best practices and strategies into the delivery of the following services:

- Services that identify and build on strengths of the student, and as applicable, the family.
- Services that support students in their development of skills to manage situational change
- Services that access appropriate community resources to support students
- Services that help students improve their daily functioning at school, home, work and in the community

Additional responsibilities include but are not limited to:

- Ensuring that all documentation is completed in a timely manner
- Providing services incorporating SBYSP's curriculum
- Participating in all staff trainings and mandatory JRF meetings
- Attends weekly case reviews and follows all team protocols

- Develops and maintains client records according to SBYSP standards
- Establishes and maintains supportive and trusting relationships with students and school principal, faculty staff members
- Fosters ongoing relationships school administration

Qualifications:

- Masters of Social Work (MSW) or Master's Degree in Counseling
- Job-related experience, preferably in clinical services, school psychologist or psychology, social work, or counseling education
- Ability to speak and understand Spanish is required
- Familiar with Trauma Informed Practice
- Familiar with Trauma Focused CBT
- Ability to provide support to students in abusive relationships
- Ability to respond to school crisis
- Ability to conduct risk screening
- Ability to triage and conduct systematic assessment, case conceptualization, and treatment planning to tailor intervention to the needs, strengths and wishes of individual students.
- Ability to teach emotional regulation skills and coping skills
- Able to advocate on behalf of student to improve support and functioning at school or home
- Able to monitor student progress and response, and make referrals when necessary
- Ability to provide situational adjustment counseling, bullying, anger management, suicide, depression and violence prevention
- Competence to provide education and prevention around healthy lifestyles
- Ability to conduct workshops, classes, small groups, and multi -media presentations regarding relevant health and prevention topics. Topics may include, but are not limited to pregnancy prevention, violence prevention, HIV/AIDS, and other sexually transmitted diseases
- Proficiency and high comfort level with Microsoft Office Suite preferred (MS Word, Excel, Power Point, and Outlook)
- A high level of comfort and experience teaching virtually on a variety of platforms, specifically Google Classroom/Hangout
- Able to work some weekend and evening hours
- Ability and accessibility to conduct virtual classes without excessive interruptions that would impact the ability to provide instruction
- Home internet access
- Ability to interact effectively and professionally with persons from diverse cultural, socioeconomic, education, racial, religious, ethnic and professional backgrounds